

Student Name: \_\_\_\_\_

ID#: \_\_\_\_\_

Advisor Name: \_\_\_\_\_

Anticipated Graduation Date: \_\_\_\_\_

## BACHELOR OF HUMAN KINETICS KINESIOLOGY STREAM CHECKLIST (122 s.h.) 2023-24 Academic Calendar

THIS CHECKLIST IS INTENDED TO ASSIST STUDENTS AND ADVISORS IN ENSURING THAT ALL REQUIREMENTS ARE MET. IT IS THE RESPONSIBILITY OF THE STUDENT TO ENSURE THAT ALL REQUIREMENTS FOR THE GRANTING OF A DEGREE HAVE BEEN MET.

### 1. Inquiry: Ways of Knowing - Core Requirements (37 s.h.\*)

\*University Core Requirements are modified for students who transfer in with 57 s.h. or more of initial transfer credit. See Academic Calendar for details (twu.ca/calendar).

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
<b>FOUNDATIONAL INQUIRIES (25 sem. hrs.)</b>				<input type="checkbox"/>	Academic Writing Requirement <sup>2</sup>		
<i>Academic Research &amp; Writing</i>				<b>WAYS OF KNOWING (12 sem. hrs.)</b>			
<input type="checkbox"/>	ENGL _____	3	Choose 2 courses (6 sem. hrs.) from ENGL 101, 102, 103, 104.	In addition to the courses on the left, students must take an additional 18 sem. hrs., selecting 3 sem. hrs. from each of the following six categories. *At least 9 sem. hrs. must be from outside of the student's major.			
<input type="checkbox"/>	ENGL _____	3					
<i>Foundations</i>				<i>Aesthetic &amp; Performance Inquiry</i>			
<input type="checkbox"/>	FNDN 101	1	Compulsory during the first semester of the first year. <sup>1</sup>	<input type="checkbox"/>	_____	3	Choose 3 sem. hrs. from the Aesthetic & Performance Inquiry category below.
<input type="checkbox"/>	FNDN 102	3	Normally taken before year 3.	<i>Cultural &amp; Linguistic Inquiry</i>			
<input type="checkbox"/>	FNDN 201	3		<input type="checkbox"/>	_____	3	Choose 3 sem. hrs. from the Cultural & Linguistic Inquiry category below.
<i>Logical &amp; Ethical Reasoning</i>				<i>Experiential &amp; Embodied Inquiry</i>			
<input type="checkbox"/>	PHIL _____	3	Choose one of PHIL 100, 103, 105, 106, 109, or 210.	**	**	**	Satisfied by Program Requirements.
<i>Religious &amp; Spiritual Thought</i>				<i>Historical &amp; Archival Inquiry</i>			
<input type="checkbox"/>	RELS 110	3	Compulsory during the first semester of the first year.	<input type="checkbox"/>	_____	3	Choose 3 sem. hrs. from the Historical & Archival Inquiry category below.
<input type="checkbox"/>	RELS 111	3		<i>Quantitative &amp; Computational Inquiry</i>			
<input type="checkbox"/>	RELS 112	3		**	**	**	Satisfied by Program Requirements.
<i>Scientific Method &amp; Lab Research</i>				<i>Social &amp; Global Inquiry</i>			
**	**	**	Satisfied by Program Requirements.	<input type="checkbox"/>	_____	3	Choose 3 sem. hrs. from the Social & Global Inquiry category below.

<sup>1</sup>FNDN 101 is compulsory during the first semester of the first year for all new students unless they have a minimum 24 sem. hrs. initial transfer credit.

<sup>2</sup>Academic Writing Requirement: students must take WRTG 100 (native English speakers) or WRTG 101 (non-native English speakers) in their first semester at TWU, unless exempt at the time of admission to the University. WRTG course credit may be included toward a degree program as elective credit.

#### Aesthetic & Performance Inquiry

Choose 3 semester hours from: ART 181, 182, 250; ENGL 207, 208, 310; HKIN 342; MCOM 211, 221, 231, 369; MUSI 110; PHIL 370; SAMC 111, 370; THTR 130, 161; any Music Ensembles; any Music Lessons.

#### Cultural & Linguistic Inquiry

Choose 3 semester hours from: ANTH 210, 395; EDUC 496; ENGL 334, 340, 482; GREE 235; HEBR 245; HIST 237; IDIS 201; POLS 237; RELS 235, 245; SOCI 395; any World Languages & Cultures course (CHIN, FREN, JAPA, RUSS, SPAN).

#### Historical & Archival Inquiry

Choose 3 semester hours from: ART 237, 238; ECON 306; GENV 312; HIST 107, 108, 135, 306, 339, 391; MUSI 131, 132; NURS 230; PHIL 203, 314, 421; POLS 391; PSYC 408; RELS 320, 351, 352, 475; SAMC 112; SOCI 391; THTR 331, 332.

#### Social & Global Inquiry

Choose 3 semester hours from: ANTH 101, 302; BUSI 311; ECON 311, 354; EDUC 345, 365; ENGL 348; GENV 111, 212, 322, 354; LING 101, 210, 302; MCOM 111, 171, 251, 313, 315, 317, 372, 491; NURS 227; PHIL 208, 220, 310, 320; POLS 101, 211, 310, 312, 320, 493; PSYC 399; RELS 271, 272, 285, 381, 384, 386, 476; SOCI 101; THTR 348.

## 2. Human Kinetics Specific Theory Requirements (60 s.h.)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
<input type="checkbox"/>	HKIN 191	3		<input type="checkbox"/>	HKIN 351	3	
<input type="checkbox"/>	HKIN 195	3		<input type="checkbox"/>	HKIN 372	3	
<input type="checkbox"/>	HKIN 260	3		<input type="checkbox"/>	HKIN 375	3	
<input type="checkbox"/>	HKIN 276	3		<input type="checkbox"/>	HKIN 420	3	
<input type="checkbox"/>	HKIN 277	3		<input type="checkbox"/>	HKIN 465	3	
<input type="checkbox"/>	HKIN 292	3		<input type="checkbox"/>	HKIN _____	3	Choose from 280, 400, 440, 446 <sup>1</sup> , or 453.
<input type="checkbox"/>	HKIN 298	3		<input type="checkbox"/>	HKIN 470	3	
<input type="checkbox"/>	HKIN 303	3		<input type="checkbox"/>	HKIN 475	3	
<input type="checkbox"/>	HKIN 325	3		<input type="checkbox"/>	HKIN 492	3	
<input type="checkbox"/>	HKIN 340	3		<input type="checkbox"/>	HKIN 495	3	

## 3. Human Kinetics Physical Activity Requirements (3 s.h.)

✓	COURSE	S.H.	NOTES
<input type="checkbox"/>	HKIN _____	_____	Must include one of HKIN 103 (1), 107 (1), 201 <sup>2</sup> (3), or 202 <sup>2</sup> (3). (Students are not eligible for HKIN 201 or 202 if one of HKIN 103, or 107 has already been taken.)
<input type="checkbox"/>	HKIN _____	_____	
<input type="checkbox"/>	HKIN _____	_____	

## 4. Human Kinetics Field Placement Requirements (3 s.h.)

✓	COURSE	S.H.	NOTES
<input type="checkbox"/>	HKIN _____		Select from HKIN 355, 455, 456, 457, 458.
<input type="checkbox"/>	HKIN _____		Strength & Conditioning Specialization students choose leadership credits as Teacher Assistants from HKIN 103, 107, and/or with Spartan Athletics.
<input type="checkbox"/>	HKIN _____		

## 5. Ancillary Requirements (12-13 s.h.)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
<input type="checkbox"/>	BIOL 241	3		<input type="checkbox"/>	_____	3	Select 3 sem hrs from the following: CHEM 101*, 103/104** or CHEM 111, 112**, BIOL 103/104* or 113/114**, 223, 340, 343, 345, 440, or PHYS 111, 112 <sup>3</sup> , PSYC 215, 354.
<input type="checkbox"/>	BIOL 242	3					
<input type="checkbox"/>	_____	3	Choose from STAT 102 or PSYC 207.				

\*BIOL 103/104 and CHEM 101 are for non-science majors.

\*\*BIOL 113/114, CHEM 103/111 and CHEM 104/112 each have a co-requisite 1-credit lab which will contribute to elective credits.

## 6. Elective Courses (6-7 s.h.)

✓	SUBJECT	COURSE#	S.H.	NOTES	✓	SUBJECT	COURSE#	S.H.	NOTES
<input type="checkbox"/>					<input type="checkbox"/>				
<input type="checkbox"/>					<input type="checkbox"/>				
<input type="checkbox"/>					<input type="checkbox"/>				

➤ **NOTE:** A total of 122 s.h. of credit, including a minimum of 42 s.h. (24 s.h. in the major) of upper-level credit is required for graduation. A minimum overall (cumulative) GPA of 2.00 is required for graduation.

➤ **NOTE:** In order to be eligible for graduation you must complete an Application for Graduation via the Student Portal and submit a completed checklist to the Office of the Registrar by April 30 of the year prior to your completion (there is no fee to apply for graduation). Once your complete application has been received, a degree audit will be completed for you. This audit will confirm which courses are still outstanding in order for you to complete your degree.

➤ **NOTE:**

- If choosing HKIN 280 check to ensure that you will be able to reach 42 s.h. of upper-level credit in your entire program.
- <sup>1</sup>Students should consider 446 for eligibility with the BC Association of Kinesiology and for those going into programs such as Physiotherapy.
- Students interested in qualifying for BC Association of Kinesiologist Certification must have a minimum of a C- grade in HKIN 191, 276, 298, 375, 446, 470, and BIOL 241, 242.
- <sup>2</sup>Students looking for eligibility with the BC Association of Kinesiologists should take HKIN 201 or 202 as this organization does not recognize 1-credit activity courses.
- <sup>3</sup>Students looking to apply to Physiotherapy at UBC must have a university Physics class or Physics 12.

		YEAR 1	
✓	s.h.	Fall	
	3	FNDN 101	
	3	RELS 110	
	3	ENGL <sup>1</sup>	
	3	Core <sup>2</sup>	
	3	HKIN 191 <sup>3</sup>	
	1	HKIN 195	
Semester Total: 16			

		YEAR 2	
✓	s.h.	Fall	
	3	RELS 112	
	3	HKIN 276	
	3	HKIN 292	
	3	HKIN 298	
	3	BIOL 241	
	1	HKIN 103 or 107 <sup>5</sup>	
Semester Total: 16			

		YEAR 3	
✓	s.h.	Fall	
	3	Core <sup>2,7</sup>	
	3	HKIN 325	
	3	HKIN 340	
	3	HKIN 351 <sup>1</sup>	
	3	STAT 102	
	1-2	Field <sup>8</sup>	
Semester Total: 16 - 17			

		YEAR 4	
✓	s.h.	Fall	
	3	HKIN 303	
	3	HKIN 420	
	3	HKIN 470	
	3	Theory <sup>10</sup>	
	1 - 2	Field <sup>8</sup>	
Semester Total: 13 - 14			

		YEAR 1	
✓	s.h.	Spring	
	3	FNDN 102	
	3	RELS 111	
	3	ENGL <sup>1</sup>	
	3	Core <sup>2</sup>	
	3	HKIN 201 or 202 <sup>4</sup>	
Semester Total: 15			

		YEAR 2	
✓	s.h.	Spring	
	3	FNDN 201	
	3	Core <sup>2</sup>	
	3	HKIN 260	
	3	HKIN 277	
	3	BIOL 242	
	1	HKIN <sup>6</sup>	
Semester Total: 16			

		YEAR 3	
✓	s.h.	Spring	
	3	Core <sup>2,7</sup>	
	3	HKIN 372	
	3	HKIN 375	
	3	HKIN 465	
	3	Theory <sup>9</sup>	
	1 - 2	Field <sup>8</sup>	
Semester Total: 16 - 17			

		YEAR 4	
✓	s.h.	Spring	
	3	Core <sup>2</sup>	
	3	HKIN 492	
	3	HKIN 475	
	3	HKIN 495	
	3	Elective or Theory <sup>9</sup>	
	1	HKIN <sup>5</sup>	
Semester Total: 13			

## COURSE LEGEND

### Core Courses

- Choose from: ENGL 101, 102, 103, 104.
- Core electives should be chosen as follows:
  - ONE Logical & Ethical Reasoning
  - ONE Aesthetic and Performance Inquiry
  - ONE Cultural & Linguistic Inquiry
  - ONE Historical & Archival Inquiry
  - ONE Social & Global Inquiry

### Major Courses

- This course is offered in both the fall and spring semesters.
- HKIN 202 is women's only.
- HKIN Theory: choose from 280, 400, 440, 446 (choose 446 for physio and occupational therapy)
- HKIN Theory: choose from 400 or 453. If you have already completed your HKIN Theory Option, take an elective course here instead.

### Major + Core Courses

- Only take HKIN 103 or 107 if not taking HKIN 201 or 202
- Only if not taking HKIN 201 or 202
- HKIN Field Placement (355, 455, 456, 457, or 458 – note 1 or 2 credit options)

### Ancillary Courses

### Ancillary + Core Courses

- Science Ancillary Course or Core Requirement Course

### Electives

Summer Sessions are encouraged to reduce semester load and/or repeat courses.

*This is an example of what a 4-year degree plan might look like. It is not the official program checklist. In the case of any discrepancy between this program plan and the checklist, the checklist shall prevail. It is the student's responsibility to ensure they complete all program requirements as laid out in the approved checklist.*

		YEAR 1		YEAR 2		YEAR 3		YEAR 4		YEAR 5	
✓	s.h.	Fall		Fall		Fall		Fall		Fall	
	3	FNDN 101		3	RELS 112	3	Core <sup>2</sup>	3	STAT 102	3	HKIN 303
	3	RELS 110		3	HKIN 292	3	Core <sup>2</sup>	3	HKIN 325	3	HKIN 470
	3	ENGL <sup>1</sup>		3	HKIN 298 <sup>3</sup>	3	HKIN 276	3	HKIN 340	3	Elective
	3	Core <sup>2</sup>		3	BIOL 241	3	Science <sup>5</sup>	3	HKIN 420	3	Theory <sup>10</sup> or Elective
	1	HKIN 195				3	HKIN 103 or 107 <sup>6</sup>	1 - 2	Field <sup>8</sup>	1 - 2	Field <sup>7</sup>
Semester Total: 13				Semester Total: 12				Semester Total: 13 - 14			
		YEAR 1		YEAR 2		YEAR 3		YEAR 4		YEAR 5	
✓	s.h.	Spring		Spring		Spring		Spring		Spring	
	3	FNDN 102		3	FNDN 201	3	Core <sup>2</sup>	3	HKIN 465	3	HKIN 492
	3	RELS 111		3	HKIN 277 <sup>3</sup>	3	Core <sup>2</sup>	3	HKIN 375	3	HKIN 495
	3	ENGL <sup>1</sup>		3	HKIN 201 or 202 <sup>4</sup>	3	HKIN 372	3	HKIN 351 <sup>3</sup>	3	Theory <sup>10</sup> or Elective
	3	HKIN 191 <sup>3</sup>		3	BIOL 242	3	HKIN 260	3	Theory <sup>9</sup>	3	HKIN 475
						1	HKIN	1 - 2	Field <sup>8</sup>	1	HKIN
						1	Activity <sup>7</sup>			1	Activity
Semester Total: 12				Semester Total: 12				Semester Total: 13 - 14			

## COURSE LEGEND

- Core Courses**
  - Choose from: ENGL 101, 102, 103, 104.
  - Core electives should be chosen as follows:
    - ONE Logical & Ethical Reasoning
    - ONE Aesthetic and Performance Inquiry
    - ONE Cultural & Linguistic Inquiry
    - ONE Historical & Archival Inquiry
    - ONE Social & Global Inquiry
- Major Courses**
  - This course is offered in both the fall and spring semesters.
  - HKIN 202 is women's only.
  - Theory: choose from HKIN 280, 400, 440, 446 (choose 446 for physio and occupational therapy)
  - Theory: choose from HKIN 400 or 453.
- Major + Core Courses**
  - Only take HKIN 103 or 107 if not taking HKIN 201 or 202
  - Only if not taking HKIN 201 or 202.
  - HKIN Field Placement (355, 455, 456, 457, or 458 – note 1 or 2 credit options)
- Ancillary Courses**
  - Science Ancillary Course
- Ancillary + Core Courses**
- Electives**

*Summer Sessions are encouraged to reduce semester load and/or repeat courses.*

*This is an example of what a 5-year degree plan might look like. It is not the official program checklist. In the case of any discrepancy between this program plan and the checklist, the checklist shall prevail. It is the student's responsibility to ensure they complete all program requirements as laid out in the approved checklist.*