

Student Name: _____

ID#: _____

Advisor Name: _____

Anticipated Graduation Date: _____

BACHELOR OF ARTS HUMAN KINETICS MAJOR CHECKLIST (122 s.h.) 2023-24 Academic Calendar

THIS CHECKLIST IS INTENDED TO ASSIST STUDENTS AND ADVISORS IN ENSURING THAT ALL REQUIREMENTS ARE MET. IT IS THE RESPONSIBILITY OF THE **STUDENT** TO ENSURE THAT ALL REQUIREMENTS FOR THE GRANTING OF A DEGREE HAVE BEEN MET.

1. Inquiry: Ways of Knowing - Core Requirements (40 s.h.*)

*University Core Requirements are modified for students who transfer in with 57 s.h. or more of initial transfer credit. See Academic Calendar for details (twu.ca/calendar).

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	FOUNDATIONAL INQUIRIES (25 sem. hrs.)			<input type="checkbox"/>	Academic Writing Requirement ²		
	<i>Academic Research & Writing</i>				WAYS OF KNOWING (15 sem. hrs.)		
<input type="checkbox"/>	ENGL _____	3	Choose 2 courses (6 sem. hrs.) from ENGL 101, 102, 103, 104.	In addition to the courses on the left, students must take an additional 18 sem. hrs., selecting 3 sem. hrs. from each of the following six categories. *At least 9 sem. hrs. must be from outside of the student's major.			
<input type="checkbox"/>	ENGL _____	3					
	<i>Foundations</i>				<i>Aesthetic & Performance Inquiry</i>		
<input type="checkbox"/>	FNDN 101	1	Compulsory during the first semester of the first year. ¹	<input type="checkbox"/>	_____	3	Choose 3 sem. hrs. from the Aesthetic & Performance Inquiry category below.
<input type="checkbox"/>	FNDN 102	3	Normally taken before year 3.		<i>Cultural & Linguistic Inquiry</i>		
<input type="checkbox"/>	FNDN 201	3		<input type="checkbox"/>	_____	3	Choose 3 sem. hrs. from the Cultural & Linguistic Inquiry category below.
	<i>Logical & Ethical Reasoning</i>				<i>Experiential & Embodied Inquiry</i>		
<input type="checkbox"/>	PHIL _____	3	Choose one of PHIL 100, 103, 105, 106, 109, or 210.	**	**	**	Satisfied by Program Requirements.
	<i>Religious & Spiritual Thought</i>				<i>Historical & Archival Inquiry</i>		
<input type="checkbox"/>	RELS 110	3	Compulsory during the first semester of the first year.	<input type="checkbox"/>	_____	3	Choose 3 sem. hrs. from the Historical & Archival Inquiry category below.
<input type="checkbox"/>	RELS 111	3			<i>Quantitative & Computational Inquiry</i>		
<input type="checkbox"/>	RELS 112	3		<input type="checkbox"/>	_____	3	Choose 3 sem. hrs. from the Quantitative & Computational Inquiry category below.
	<i>Scientific Method & Lab Research</i>				<i>Social & Global Inquiry</i>		
**	**	**	Satisfied by Program Requirements.	<input type="checkbox"/>	_____	3	Choose 3 sem. hrs. from the Social & Global Inquiry category below.

¹FNDN 101 is compulsory during the first semester of the first year for all new students unless they have a minimum 24 sem. hrs. initial transfer credit.

²**Academic Writing Requirement:** students must take WRTG 100 (native English speakers) or WRTG 101 (non-native English speakers) in their first semester at TWU, unless exempt at the time of admission to the University. WRTG course credit may be included toward a degree program as elective credit.

Aesthetic & Performance Inquiry

Choose 3 semester hours from: ART 181, 182, 250; ENGL 207, 208, 310; HKIN 342; MCOM 211, 221, 231, 369; MUSI 110; PHIL 370; SAMC 111, 370; THTR 130, 161; any Music Ensembles; any Music Lessons.

Cultural & Linguistic Inquiry

Choose 3 semester hours from: ANTH 210, 395; EDUC 496; ENGL 334, 340, 482; GREE 235; HEBR 245; HIST 237; IDIS 201; POLS 237; RELS 235, 245; SOCI 395; any World Languages & Cultures course (CHIN, FREN, JAPA, RUSS, SPAN).

Historical & Archival Inquiry

Choose 3 semester hours from: ART 237, 238; ECON 306; GENV 312; HIST 107, 108, 135, 306, 339, 391; MUSI 131, 132; NURS 230; PHIL 203, 314, 421; POLS 391; PSYC 408; RELS 320, 351, 352, 475; SAMC 112; SOCI 391; THTR 331, 332.

Quantitative & Computational Inquiry

Choose 3 semester hours from: BUSI 176, 275; CHEM 104, 112; CMPT 140; DATA 100; ECON 176, 275; GENV 282, 382, 383; MATH 102, 108, 123, 150, 190, 191; PHYS 112; PSYC 207; SOCI 207; SOCS 305, 383.

Social & Global Inquiry

Choose 3 semester hours from: ANTH 101, 302; BUSI 311; ECON 311, 354; EDUC 345, 365; ENGL 348; GENV 111, 212, 322, 354; LING 101, 210, 302; MCOM 111, 171, 251, 313, 315, 317, 372, 491; NURS 227; PHIL 208, 220, 310, 320; POLS 101, 211, 310, 312, 320, 493; PSYC 399; RELS 271, 272, 285, 381, 384, 386, 476; SOCI 101; THTR 348.

2. Human Kinetics Theory Requirements (21 s.h.)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
<input type="checkbox"/>	HKIN 191	3		<input type="checkbox"/>	HKIN 298	3	
<input type="checkbox"/>	HKIN 195	3		<input type="checkbox"/>	HKIN 351	3	
<input type="checkbox"/>	HKIN 260	3		<input type="checkbox"/>	HKIN 372	3	
<input type="checkbox"/>	HKIN 292	3					

3. Human Kinetics Theory Electives (15-18 s.h.*)

*Minimum of 15 s.h. of upper-level credit unless additional leadership credits or 342 are taken in activity section.

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
<input type="checkbox"/>	HKIN _____			<input type="checkbox"/>	HKIN _____		
<input type="checkbox"/>	HKIN _____			<input type="checkbox"/>	HKIN _____		
<input type="checkbox"/>	HKIN _____			<input type="checkbox"/>	HKIN _____		

4. Human Kinetics Activity Requirements (3-10 s.h.)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
<input type="checkbox"/>	HKIN _____		Choose any combination of HKIN activity courses to total 3-10 s.h. Spartan Athletes can choose 1 team credit to count towards the total.	<input type="checkbox"/>	HKIN _____		
<input type="checkbox"/>	HKIN _____			<input type="checkbox"/>	HKIN _____		
<input type="checkbox"/>	HKIN _____			<input type="checkbox"/>	HKIN _____		
<input type="checkbox"/>	HKIN _____			<input type="checkbox"/>	HKIN _____		
<input type="checkbox"/>	HKIN _____			<input type="checkbox"/>	HKIN _____		

5. Human Kinetics Field Placement Requirements (3-5 s.h.)

✓	COURSE	S.H.	NOTES
<input type="checkbox"/>	HKIN _____		HKIN Field Placement: 3-5 s.h. to be chosen in consultation with leadership coordinators. Select from HKIN 355, 455, 456, 457, 458.
<input type="checkbox"/>	HKIN _____		
<input type="checkbox"/>	HKIN _____		
<input type="checkbox"/>	HKIN _____		
<input type="checkbox"/>	HKIN _____		

6. Ancillary Requirements (6 s.h.)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
<input type="checkbox"/>	BIOL 241	3		<input type="checkbox"/>	BIOL 242	3	

7. Elective Courses (34 s.h.)

STUDENTS ARE ENCOURAGED, BUT NOT REQUIRED, TO TAKE ELECTIVE CLASSES THAT CONTRIBUTE TO A CONCENTRATION OR A MINOR. IF YOU CHOOSE TO TAKE A CONCENTRATION OR A MINOR, PLEASE ATTACH THE APPROPRIATE CONCENTRATION/MINOR CHECKLIST AVAILABLE AT: twu.ca/advising

✓	SUBJECT	COURSE#	S.H.	NOTES	✓	SUBJECT	COURSE#	S.H.	NOTES
<input type="checkbox"/>					<input type="checkbox"/>				
<input type="checkbox"/>					<input type="checkbox"/>				
<input type="checkbox"/>					<input type="checkbox"/>				
<input type="checkbox"/>					<input type="checkbox"/>				
<input type="checkbox"/>					<input type="checkbox"/>				
<input type="checkbox"/>					<input type="checkbox"/>				

- **NOTE:** Students must complete at least 24 s.h. of upper-level credit in HKIN (300-400 numbered courses).
- **NOTE:** A total of 122 s.h. of credit, including a minimum of 42 s.h. (24 s.h. in the major) of upper-level credit is required for graduation. A minimum overall (cumulative) GPA of 2.00 is required for graduation.
- **NOTE:** In order to be eligible for graduation you must complete an Application for Graduation via the Student Portal and submit a completed checklist to the Office of the Registrar by April 30 of the year prior to your completion (there is no fee to apply for graduation). Once your complete application has been received, a degree audit will be completed for you. This audit will confirm which courses are still outstanding in order for you to complete your degree.

		YEAR 1
✓	s.h.	Fall
	1	FNDN 101
	3	RELS 110
	3	ENGL ¹
	3	Core ²
	3	HKIN 195
	3	Elective
Semester Total: 16		

		YEAR 2
✓	s.h.	Fall
	3	RELS 112
	3	HKIN 292
	3	HKIN 298 ³
	3	BIOL 241
	3	Elective
Semester Total: 15		

		YEAR 3
✓	s.h.	Fall
	3	Core ²
	3	Theory ⁴
	3	HKIN 351 ¹
	1 - 2	Field ⁴
	3	Elective
	3	Elective
Semester Total: 16 - 17		

		YEAR 4
✓	s.h.	Fall
	3	Theory ⁵
	3	Theory ⁵
	1	HKIN
	1 - 2	Field ⁴
	3	Elective
	3	Elective
Semester Total: 14 - 15		

		YEAR 1
✓	s.h.	Spring
	3	FNDN 102
	3	RELS 111
	3	ENGL ²
	3	Core ²
	3	HKIN 191 ³
	1	HKIN
Semester Total: 16		

		YEAR 2
✓	s.h.	Spring
	3	FNDN 201
	3	Core ²
	3	Core ²
	3	HKIN 260
	3	BIOL 242
	1	HKIN
Semester Total: 16		

		YEAR 3
✓	s.h.	Spring
	3	HKIN 372
	3	Theory ⁶
	1 - 2	Field ⁴
	1 - 3	HKIN ⁷
	3	Elective
Semester Total: 11 - 14		

		YEAR 4
✓	s.h.	Spring
	3	Core ²
	3	Theory ⁶
	3	Theory ⁶
	1 - 2	Field ^{4,8}
	1	HKIN
	3	Elective
Semester Total: 14 - 15		

COURSE LEGEND

Core Courses

1. Choose from: ENGL 101, 102, 103, 104.
2. Core electives should be chosen as follows:
 ONE Logical & Ethical Reasoning
 ONE Cultural & Linguistic Inquiry
 ONE Aesthetic & Performance Inquiry
 ONE Historical & Archival Inquiry
 ONE Qualitative & Computational Inquiry
 ONE Social & Global Inquiry

Major Courses

3. This course is offered in both the fall and spring semesters.
4. HKIN theory elective: choose from 276, 277, 280.
5. HKIN theory elective: choose from 303, 325, 340, 350, 420, 453, 465, or 470.
6. HKIN theory elective: choose from 320, 350, 375, 440, 446, 475, 492, or 495.

Major + Core Courses

- . HKIN Field Placement (355, 455, 456, 457, or 458 – note 1 or 2 credit options).
7. HKIN activity course: note there are 1- and 3-credit options. This is a good place to take a 3-credit option if desired.
8. Depending on how many field placement vs. activity credits you want, you could take another activity course here.

Ancillary Courses

Ancillary + Core Courses

Electives

Summer Sessions are encouraged to reduce semester load and/or repeat courses.

This is an example of what a 4-year degree plan might look like. It is not the official program checklist. In the case of any discrepancy between this program plan and the checklist, the checklist shall prevail. It is the student's responsibility to ensure they complete all program requirements as laid out in the approved checklist.

		YEAR 1		YEAR 2		YEAR 3		YEAR 4		YEAR 5	
✓	s.h.	Fall		Fall		Fall		Fall		Fall	
	1	FNDN 101		3	RELS 112	3	Core ²	3	HKIN 351 ³	3	Theory ⁵
	3	RELS 110		3	HKIN 298 ³	3	Theory ⁴	3	Theory ⁵	3	Elective
	3	ENGL ¹		3	BIOL 241	3	HKIN 292	3	Core ²	3	Elective
	3	Core ²		3	Elective	3	Elective	3	Elective	1	HKIN
	3	HKIN 195				1	HKIN	1 - 2	Field ⁶	1 - 2	Field ⁶
Semester Total: 13				Semester Total: 12				Semester Total: 13 - 14			
✓	s.h.	Spring		Spring		Spring		Spring		Spring	
	3	FNDN 102		3	FNDN 201	3	Core ²	3	HKIN 372	3	Theory ⁸
	3	RELS 111		3	Core ²	3	HKIN 260	3	Theory ⁶	3	Theory ⁸
	3	ENGL ²		3	Core ²	3	Elective	3	Elective	3	Elective
	3	HKIN 191 ³		3	BIOL 242			1 - 3	HKIN ⁷	1	HKIN
	1	HKIN						1 - 2	Field ⁶	1 - 2	Field ^{6,9}
Semester Total: 13				Semester Total: 12				Semester Total: 11 - 14			

COURSE LEGEND

- Core Courses**
 - Choose from: ENGL 101, 102, 103, 104
 - Core electives should be chosen as follows:
 - ONE Logical & Ethical Reasoning
 - ONE Cultural & Linguistic Inquiry
 - ONE Aesthetic & Performance Inquiry
 - ONE Historical & Archival Inquiry
 - ONE Qualitative & Computational Inquiry
 - ONE Social & Global Inquiry
- Major Courses**
 - This course is offered in both the fall and spring semesters.
 - HKIN theory: choose from 276, 277, 280
 - HKIN theory: choose from 303, 325, 340, 350, 420, 453, 465, or 470
 - HKIN theory: choose from 320, 350, 375, 440, 446, 475, 492, or 495
- Major + Core Courses**
 - HKIN Field Placement (355, 455, 456, 457, or 458 – note 1 or 2 credit options).
 - HKIN activity course: note there are 1- and 3-credit options.
 - Depending on how many field placement vs. activity credits you want, you could take another activity course here.
- Ancillary Courses**
- Ancillary + Core Courses**
- Electives**

Summer Sessions are encouraged to reduce semester load and/or repeat courses.

This is an example of what a 5-year degree plan might look like. It is not the official program checklist. In the case of any discrepancy between this program plan and the checklist, the checklist shall prevail. It is the student's responsibility to ensure they complete all program requirements as laid out in the approved checklist.